



AGENDA
Senior Services Advisory Committee

June 24, 2019

3:30 pm

Pyramid Recreation Centre - Meeting Room B
317 James Street South, St. Marys

Pages

1. CALL TO ORDER

2. DECLARATION OF PECUNIARY INTEREST

3. AMENDMENTS AND APPROVAL OF AGENDA

RECOMMENDATION

THAT the Senior Services Advisory Committee agenda be accepted as presented.

4. ACCEPTANCE OF MINUTES

3

RECOMMENDATION

THAT the Senior Services Advisory Committee minutes dated May 27, 2019 be approved and signed by the Chair and staff liaison.

5. BUSINESS ARISING FROM MINUTES

5.1 Proposed Changes to Healthcare

5.2 New Horizons Grant

6. REPORTS

6.1 June Program Report

6

7. OTHER BUSINESS

7.1 2019-20 Goals & Projects

8. UPCOMING MEETINGS

September 23, 2019

3:30 p.m.

Friendship Centre Meeting Room A

9. ADJOURNMENT

RECOMMENDATION

THAT this regular meeting of the Senior Services Advisory Committee be adjourned.



MINUTES

Senior Services Advisory Committee

May 27, 2019

3:30 pm

Pyramid Recreation Centre - Meeting Room B
317 James Street South, St. Marys

Member Present	Candice Harris
	Donna Kurchak
	Joyce Vivian
	Owen O'Brien
	Councillor Winter
Member Absent	Richard Lyons
	Donna Simmons
	Marie Ballantyne

1. CALL TO ORDER

Meeting called to order at 3:30 p.m. by interim chair Jenny Mikita.

2. DECLARATION OF PECUNIARY INTEREST

None declared.

3. AMENDMENTS AND APPROVAL OF AGENDA

Moved By Donna Kurchak

Seconded By Owen O'Brien

THAT the Senior Services Advisory Committee agenda be accepted as presented.

CARRIED

4. ACCEPTANCE OF MINUTES

Moved By Joyce Vivan

Seconded By Candice Harris

THAT the Senior Services Advisory Committee minutes dated April 29, 2019 be approved and signed by the Chair and staff liaison.

CARRIED

5. BUSINESS ARISING FROM MINUTES

5.1 Proposed Changes to Healthcare

Senior Services staff continue to meet with Huron and Perth Healthcare providers. The Senior Services Home Support program has signed on to submit a self-assessment to become an Ontario Health Team with over 50 other independent healthcare providers. Self-assessments will be reviewed by the Ministry and successful applications will be invited to submit an application.

6. REPORTS

6.1 May Program Report

Staff presented the May program report.

Moved By Candice Harris

Seconded By Owen O'Brien

THAT the Senior Services Advisory Committee May Program Report be received.

CARRIED

6.2 HIGH FIVE - Principles of Healthy Aging

Staff presented and answered questions pertaining to the HIGH FIVE Principles of Health Aging report.

DCS 17 2018 HIGH FIVE Principles of Healthy Aging

Moved By Councillor Winter

Seconded By Rick Lyons

THAT DCS 17-2019 High Five Principles of Healthy Aging be received for discussion; and

THAT the Senior Services Advisory Committee endorse staff's commitment to implementing the HIGH FIVE Principles of Healthy Aging for the Town of St. Marys.

CARRIED

7. OTHER BUSINESS

7.1 New Horizon's

Staff informed the committee about the call for New Horizon funding. Senior Services will be submitting an application on behalf of the Town of St. Marys.

8. TOWN OF ST. MARYS UPDATES

8.1 Recreation Committee Update

Nothing to report at this time.

8.2 Town Council Update

Councillor Winter updated the group on various municipal projects.

9. UPCOMING MEETINGS

10. ADJOURNMENT

Moved By Rick Lyons

Seconded By Donna Kurchak

THAT this regular meeting of the Senior Services Advisory Committee be adjourned at 4:30 p.m.

CARRIED

Chair

Committee Secretary



**Town of St. Marys
Senior Services Advisory Committee Meeting
Program Report
June 24, 2019**

Programming Updates

Upcoming Trips

- June 25 – Fine Dining at The Benmiller Inn is full with a waiting list.
- July 6 – Toronto Blue Jays Vs Baltimore Orioles Ball Game
- July 24 Duc d 'Orleans Boat Cruise and Point Edwards Casino
- July 31 – Fine Dining at the Elmhurst Inn
- August 14 – Take the Bus with Us to Port Stanley
- August 20 – Niagara on the Lake Winery Tour
- August 27 – Fine Dining at Beach St. Station in Goderich

Program Updates

- The Stonetown Entertainers Concert was held on May 31st. Over 150 tickets were sold. This event is a fundraiser for the Choir.
- The following programs have or will be finished for the summer: Quilting, Scrapbooking, Stonetown Entertainers Choir, Carpet Bowling, Men's Bridge and Genealogy.
- Zumba will be offered on a monthly basis during the summer months based on demand from the customer's.
- Senior Services will be hosting fitness classes on the Grand Trunk Trestle on July 12 and August 14 as well as Zumba on the Trestle on August 13.
- Summer shut down at off site fitness locations will be as follows: Thames Valley – July 8 to July 18; YMCA – July 15 to July 26; Kingsway Lodge – July 25 to August 2; Rotary Apartments – August 6 to August 15; Wildwood Care Centre – August 6 to August 16; Stoneridge Apartments August 5 to August 14; Kirkton – July 12 to July 21. All participants are encouraged to visit other sites during this time.
- Senior Services will be hosting a Ball Workshop on September 11.
- Tuesday evening Pickleball has moved to the PRC for the summer months.
- Camp Fires are back for the summer. The switch from Friday to Tuesday has proven successful.



Special Events/Fundraising Updates

- The Friendship Centre hosted the annual Seniors Month BBQ on June 14. Over 45 seniors attended.
- The Friendship Centre will host a Canada Day Lunch and fun bingo on June 28th.
- The Friendship Centre co-hosted a Pickleball Tournament with the Social Pickleball Club on June 5th. Close to \$1000 was raised and will be split between the two groups.
- Group Fitness volunteers will be hosting a fitness class on Canada Day in Cadzow Park.

A Month at a Glance

- July 3 – Birthday Supper
- July 5 – Movie Afternoon
- July 9 – Pepperama
- July 12 – Gentle Fitness on the Trustle
- July 12 – Scrapbooking Open Crop
- July 15 – Gentle Fitness & Men's Strength outside
- July 16 – Campfire
- July 17 – HS Supper
- July 24 – Duc'dorleans Boat Cruise
- July 30- Euchreama
- July 31 – Fine Dining in Grand Bend
- August 2 – Movie Afternoon
- August 7 – Birthday Supper
- August 9 – Scrapbooking Open Crop
- August 13 – Pepperama
- August 14 – Group Fitness on the Trestle
- August 14 – Take the Bus with Us to Port Stanely
- August 16 – Gentle Fitness and Men's Strength outside
- August 20 – Niagara on the Lake Trip
- August 20 – Campfire
- August 21 – HS Supper
- August 27- Euchreama



Operations and Useful Information

- The Home Support Services year end reporting is due to the LHIN mid- June with audited report due the end of June.
- The Friendship Centre Active Living Centre 2019/20 Budget was submitted June 14th. Through the SALC Special Grant program staff applied to replace the walk in fridge condenser unit. Approximate cost of \$7500 to \$10000. The current unit needs replaced is end of life. This was scheduled for the Capital Budget in 2020.
- The Friendship Centre Active Living Centre 2018-19 year end reports are due July 30.
- The Friendship Centre will be closed on July 1 and August 5.