



## **AGENDA**

### **Senior Services Advisory Committee**

October 25, 2021

1:00 pm

Video Conference

Click the following link:

<https://www.youtube.com/channel/UCzuUpFqxcEI8OG-dOYKteFQ>

**Pages**

**1. CALL TO ORDER**

**2. DECLARATION OF PECUNIARY INTEREST**

**3. AMENDMENTS AND APPROVAL OF AGENDA**

**RECOMMENDATION**

That the October 25, 2021 Senior Services Advisory Committee meeting agenda be accepted as presented.

**4. ACCEPTANCE OF MINUTES**

**3**

**RECOMMENDATION**

THAT the September 27, 2021 Senior Services Advisory Committee meeting minutes be approved by the Committee and signed by the Chair and staff liaison.

**5. BUSINESS ARISING FROM MINUTES**

**5.1. Ontario Health Team Update**

**6. REPORTS**

**6.1. October Program Report**

**6**

**7. OTHER BUSINESS**

**7.1. Recreation Committee Update**

**7.2. Town of St. Marys Update**

**8. UPCOMING MEETINGS**

**9. ADJOURNMENT**



## MINUTES

### Senior Services Advisory Committee

September 27, 2021

1:00 pm

Video Conference

Click the following link:

<https://www.youtube.com/channel/UCzuUpFqxcEI80G-d0YKteFQ>

Member Present      Candice Harris  
Donna Simmons  
Joyce Vivian  
Marie Ballantyne  
Owen O'Brien  
Councillor Winter  
Richard Lyons

Member Absent      Donna Kurchak

#### 1.      **CALL TO ORDER**

Chair Ballantyne called the meeting to order at 1:04 p.m.

#### 2.      **DECLARATION OF PECUNIARY INTEREST**

None.

#### 3.      **AMENDMENTS AND APPROVAL OF AGENDA**

**Moved By** Joyce Vivian

**Seconded By** Rick Lyons

THAT the September 27, 2021, Senior Services Advisory Committee meeting agenda be accepted as presented.

**CARRIED**

**4. ACCEPTANCE OF MINUTES**

**Moved By** Owen O'Brien

**Seconded By** Joyce Vivian

THAT the June 28, 2021, Senior Services Advisory Committee meeting minutes be approved by the Committee and signed by the Chair and staff liaison.

**CARRIED**

**5. BUSINESS ARISING FROM MINUTES**

**5.1 Ontario Health**

Staff gave an update on the Huron Perth Ontario Health team. The OHT continues to meet. Staff was not present at the last meeting, however, will provide an update at the next Senior Services advisory committee meeting on the work being done by the various OHT working groups.

**6. REPORTS**

**6.1 Program Updates**

Staff update the committee on the return of programs inside the Friendship Centre. To date the following programs are running smoothly: vigorous fitness, moderate fitness, light fitness, men's strength, ballroom dancing, line dancing, Zumba, discussion groups. Staff are evaluating past programs and working on a plan to bring back modified versions of more programs that have yet to return which can following all public health guidance. Staff have revised the levels of fitness being offered in the Friendship Centre to support the various activity levels that people are returning with. This includes a seated class for those needing to return safely. Although not all programs require an active screening to attend select programs in the facility the Friendship Centre has adopted the policy that anyone entering the Friendship Centre facility actively screens to keep all programs consistent.

**7. OTHER BUSINESS**

**7.1 Town of St. Marys Vaccination Policy**

Staff updated the committee on the Town of St. Marys COVID-19 vaccination policy noting that this policy will impact all current and future staff/volunteers and contractors and includes committees of Council.

Staff updated the group that the policy was implemented as per Provincial regulation beginning September 22 and has been without incident in the Friendship Centre to date.

## **7.2 Recreation Committee Update**

Committee member Harris informed the group that the Recreation Committee has not met and therefore no update was given. Staff informed the group that the Aquatic Centre has reopened, both ice pad are operational and Recreation staff are working on the re-opening of the Youth Centre.

## **7.3 Town of St. Marys Council Update**

Councillor Winter updated the committee on various Municipal projects including an update on Service Ontario.

## **8. UPCOMING MEETINGS**

Staff updated the committee that Council has recently resumed in person meetings; however committees will continue to meet virtually until given the green light from the Clerks Departments.

The next Senior Services Advisory Committee will be held Monday October 21, 2021 at 1:00 p.m.

## **9. ADJOURNMENT**

**Moved By** Candice Harris

**Seconded By** Rick Lyons

THAT the Senior Services Advisory Committee meeting be adjourned at 2:00 p.m.

**CARRIED**

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Chair

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Committee Secretary



# MONTHLY REPORT

**To:** Chair and Members of the Advisory Committee

**From:** Community Services

**Date of Meeting:** 10/25/2021

**Subject:** DCS 33-2021 October Monthly Program Report

## RECOMMENDATION

THAT DCS 33-2021 October Monthly Program Report be received for information.

## DEPARTMENTAL HIGHLIGHTS

### Funding

- Senior Services has submitted the annual funding request for the Senior Active Living Centre grant.
- Senior Services Home Support Services Quarterly reports will be submitted the end of October.

### Senior Service Programming

- Senior Services programs are filling quickly and are running smoothly. No issues have been observed with the proof of vaccination requirement.
- The Friendship Centre Pickleball program returned to in person play mid- October. The Friendship Centre will offer 4 Pickleball days weekly along with 1 evening. Players register online and pay as the go.
- Staff are working on a return to play for Avon Maitland District School Board in hopes that Pickleball and the Walking program may be able to return.
- Staff have reached out to HPPH to discuss the return to programs that cannot maintain 6ft distancing where a mask can be worn 100% of the time such as cards or quilting.
- Senior Services hosted Thanksgiving Lunch October 6<sup>th</sup>. Lunch sold out 2 weeks prior to the event and 260 meals were served. 149 meals were picked up in the drive thru and 111 meals were delivered into the community. Senior Services offers the community the option to “gift” a meal to someone in the community who may have barriers to access. 20 meals were gifted and delivered within the community for Thanksgiving.
- Senior Services will host Christmas Lunch on December 8<sup>th</sup>. This will be run similarly to all other drive thru events.
- Senior Services is working with Alzheimer’s Society to bring the Minds and Motion program back to the St. Marys community. The program returned to St. Marys on October 21.
- The Town of St. Marys Community Development Coordinator Cody Cunningham will be keeping regular office hours on Monday afternoons in the Friendship Centre. Cody’s position is a contracted position with Family Services. This position supports a variety of needs in the community including support mental health and wellbeing.

**Program Statistics:**

<b>Service</b>	<b>August 2020 Clients Served</b>	<b>August 2021 Clients Served</b>	<b>August 2020 Units</b>	<b>August 2021 Units</b>
Hot Meals on Wheels	12	16	142	171
Frozen Meals on Wheels	15	16	142	141
Community Dining	0	46	0	46
Telephone Reassurance/Social Connection	21	30	481	356
Grocery Shopping/Food Delivery	10	9	15	24
Fitness	0	61	0	324
Social Phone Program	46	28	97	75

**REVIEWED BY****Recommended by the Department**

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Jenny Mikita  
Senior Services Supervisor